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ABSTRACT

This pamphlet, an Alaska career information system high school planner and career guide, was developed for use with middle and early high school youth. This planning tool (1) introduces the relationship between high school courses and postsecondary plans; (2) outlines for the student the Alaska state minimum high school graduation requirements; (3) explores the various paths available to the student after graduation; and (4) covers the opportunities available for extracurricular activities in high school. Included in this illustrated guide are the following sections: (1) look to the future; (2) chart your career goals; (3) chart your destination; (4) what you may need for the trip; (5) activities can make school more fun and allow you to practice your academic and social skills; and (6) what skills do you need? Included with the Alaska state minimum high school graduation requirements is a blank requirements chart to be completed by the student. An additional handout shows "Hot Careers" and graphically depicts steps for gathering skills for a career. (NLA)

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LOOK to the FUTURE

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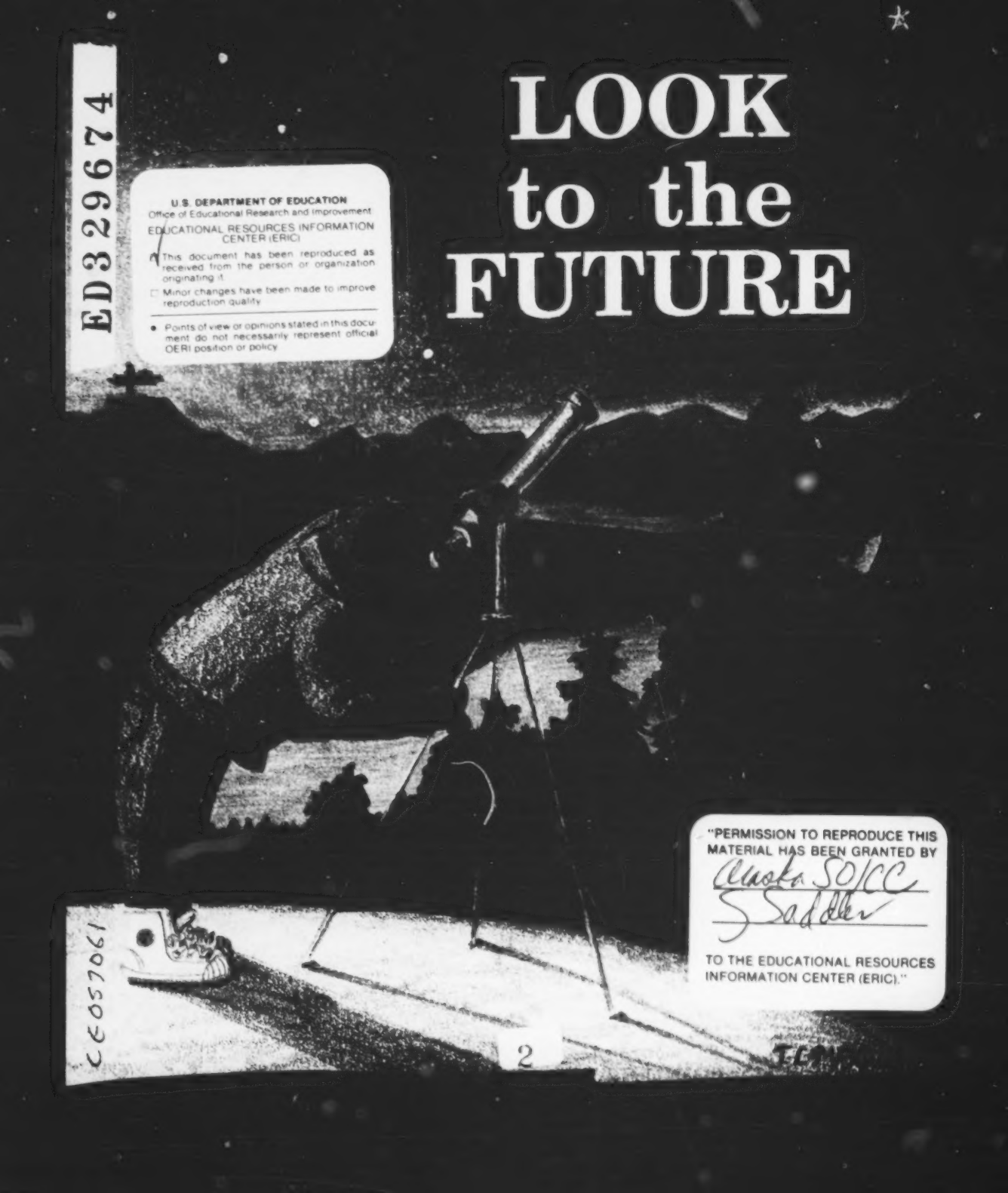

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Name_____

School's Name_____

Year of Graduation
from High School _____

Look to the future! Now's the time to start thinking about the rest of your life. Starting high school brings important decisions.

What do you want for your future?

Chart your career goals

Ask yourself:
What are my future goals?
What are my strengths and weaknesses?
What do I like to do most?
What kind of work do I enjoy most?
How much money do I want to earn?
Where do I want to live?

To help achieve your goals, put them in writing.

MY GOALS

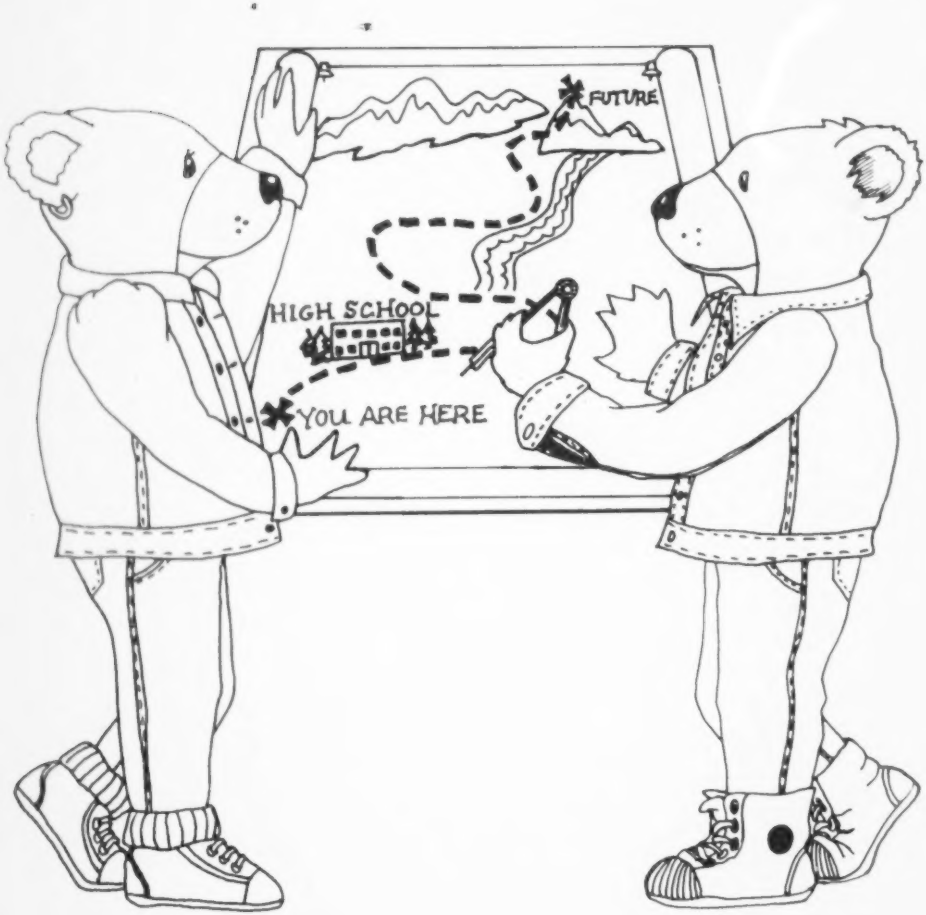
What do I want to be?
(Picture yourself in ten years)

How will I do it? (Talk with parents, older brothers/sisters, teachers, counselors)

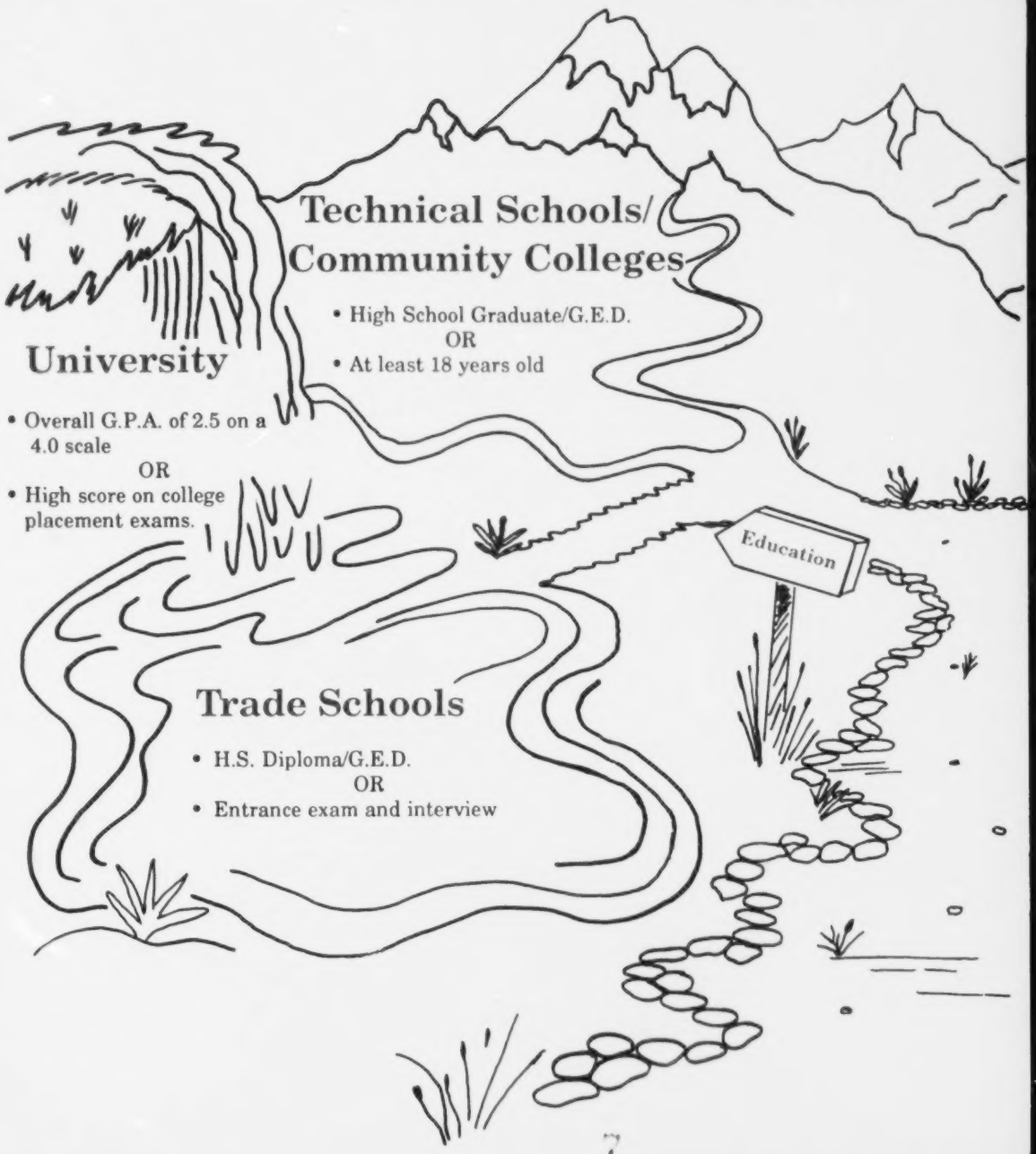
What will the results be?

When will I reach my goals?

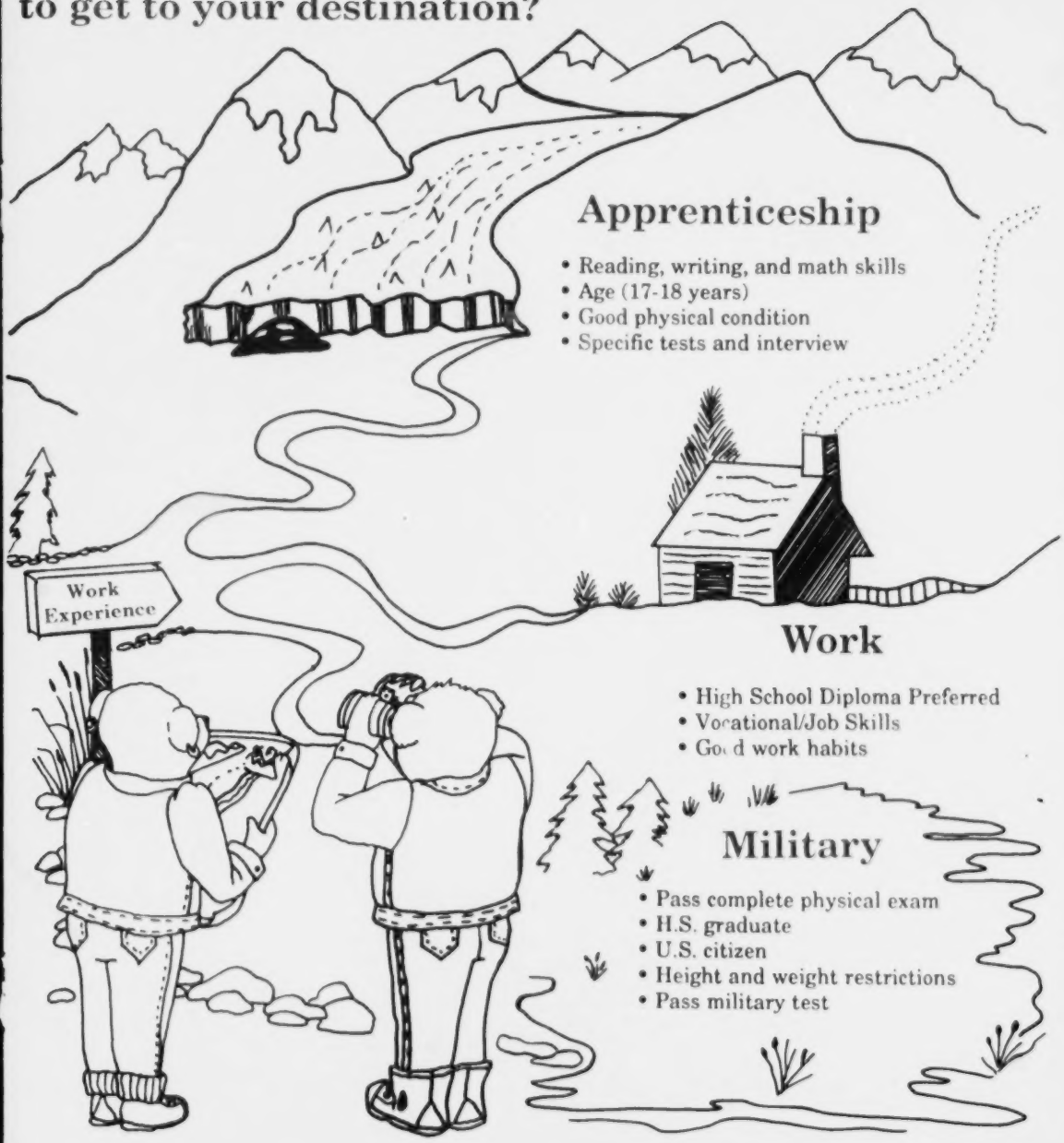
Chart your Destination



What route should you follow



to get to your destination?



Apprenticeship

- Reading, writing, and math skills
- Age (17-18 years)
- Good physical condition
- Specific tests and interview

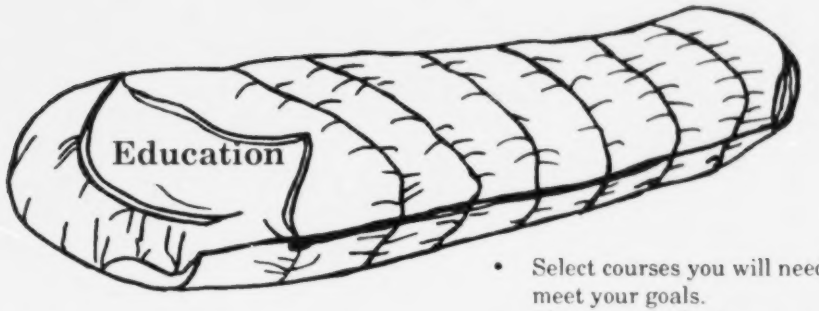
Work

- High School Diploma Preferred
- Vocational/Job Skills
- Good work habits

Military

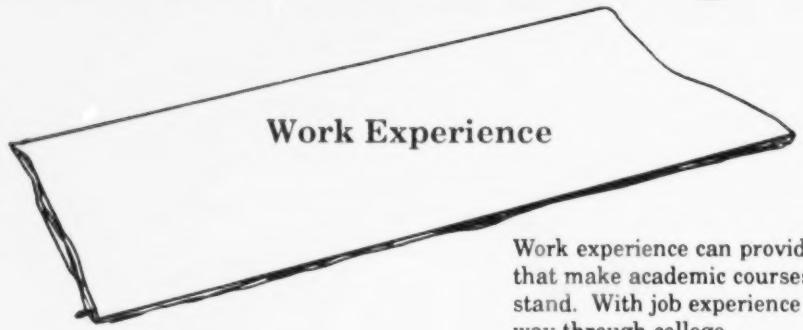
- Pass complete physical exam
- H.S. graduate
- U.S. citizen
- Height and weight restrictions
- Pass military test

What you may need for the trip



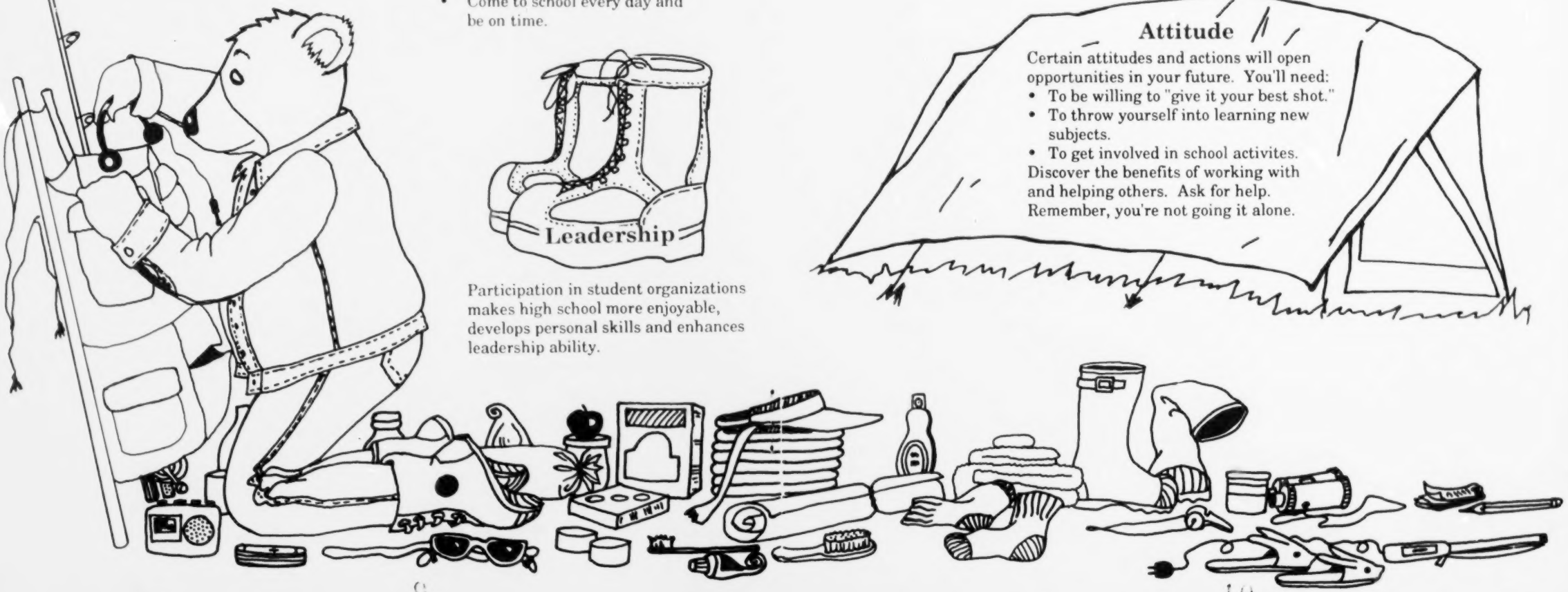
- Select courses you will need to meet your goals.
- Plan your study time.
- Ask your teacher for help.
- Come to school every day and be on time.

Participation in student organizations makes high school more enjoyable, develops personal skills and enhances leadership ability.



Work experience can provide practical examples that make academic courses easier to understand. With job experience you can work your way through college.

Attitude
Certain attitudes and actions will open opportunities in your future. You'll need:
• To be willing to "give it your best shot."
• To throw yourself into learning new subjects.
• To get involved in school activites.
Discover the benefits of working with and helping others. Ask for help. Remember, you're not going it alone.



Check off Sheet:

- [√] Set your personal and career goals.
- [√] Plan your high school program. Select courses you will need to meet your goals.
- [√] Determine what skills you will need.
- [√] Participate in activities that will better your personal skills.

What courses should you take?

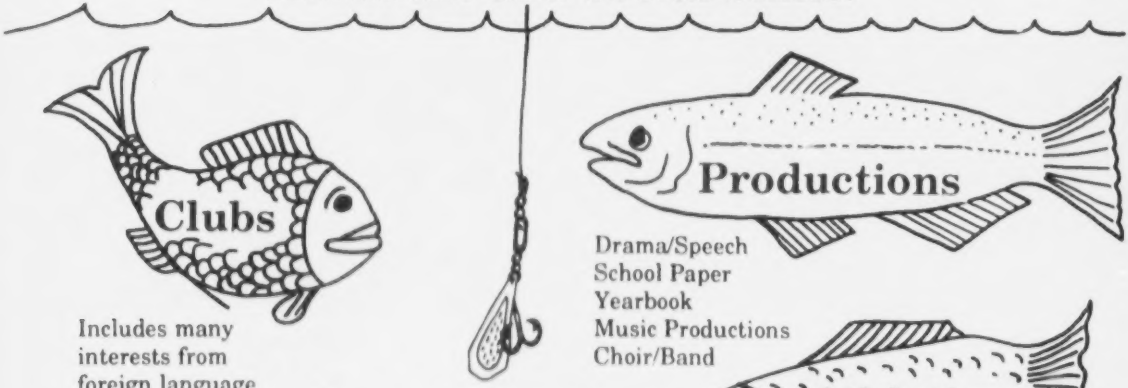
Alaska State Minimum High School Graduation Requirements:

The State Board of Education established 21 credits* as the minimum number of credits necessary for high school graduation, effective for the graduation class of 1991, as follows:

	State Requirements	Your School's Requirements	9th	10th	11th	12th	Total
Language Arts	4						
Social Science	3						
Mathematics	2						
Science	2						
Health/P.E.	1						
Other							
Elective Areas: (Check your school catalog)	**9**						
Art/Fine Arts							
Business Education							
Computers							
Foreign Language							
Home Economics							
Music							
Industrial Education							
Other							

*Credit: One credit in a subject area equals one year of study.

Activities Can Make High School More Fun and Allow You to Practice Your Academic and Social Skills!



Includes many interests from foreign language to theatre and debate.

Drama/Speech
School Paper
Yearbook
Music Productions
Choir/Band

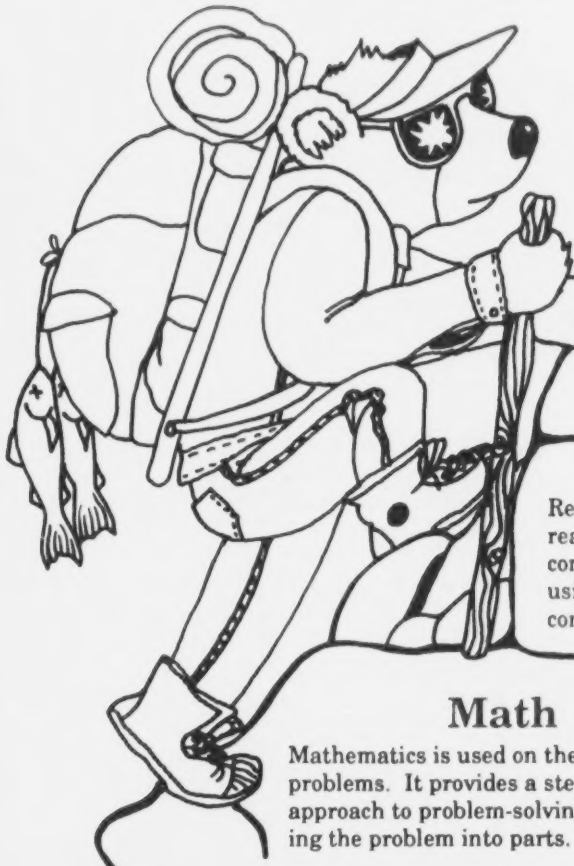
Offers a variety of athletic competition.

Student Council
Class Officer

Business Professionals of America (BPA)
Distributive Education Clubs of America (DECA)
Future Farmers of America (FFA)
Future Homemakers of America (FHA/HERO)
Vocational Industrial Clubs of America (VICA)

Involves fund-raising activities and volunteer work.

What skills do you need?



Job Skills

Job skills are learned in vocational courses or on the job. Other needed skills include such things as getting along with others, following directions and accepting responsibility.

Reasoning

Reasoning is the process you go through to reach an answer, form judgments or draw conclusions. Develop your reasoning skills by using facts and ideas to reach your own conclusions and opinions.

Math

Mathematics is used on the job to solve problems. It provides a step-by-step approach to problem-solving by breaking the problem into parts.

Communication

Reading is the key to most career work and job success. Listening is "tuning-in" to what you're learning. Writing and speaking are ways to organize your ideas clearly.

These necessary skills help form a solid base for nearly all jobs in a changing work world.

The Sky is the Limit!

For more information or help in planning see your school counselor for the:

Alaska Career Information System

High School Planner

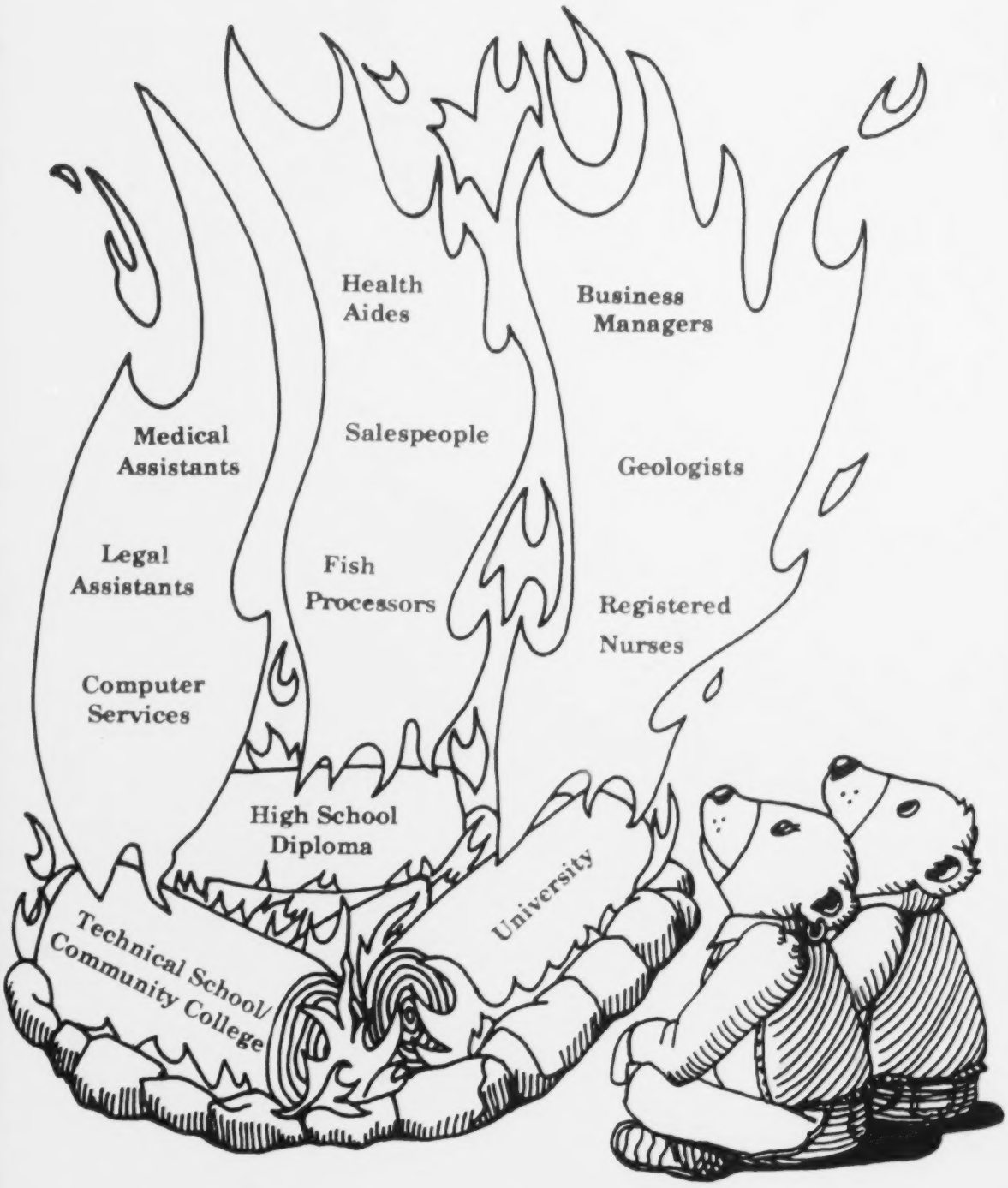
and the

Career Guide

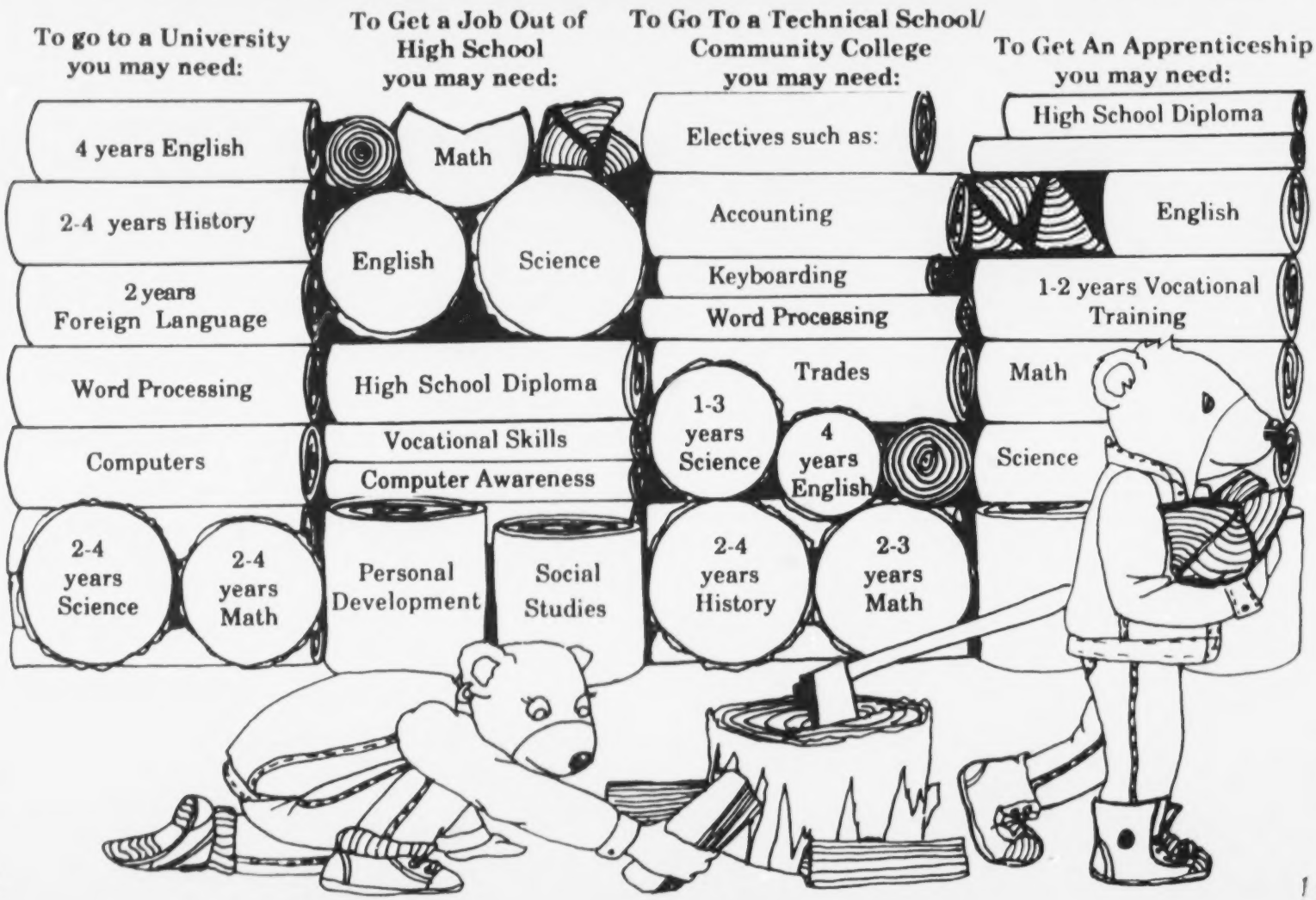
This pamphlet was developed for use with middle school/early high school youth.
Additional copies are available from the:

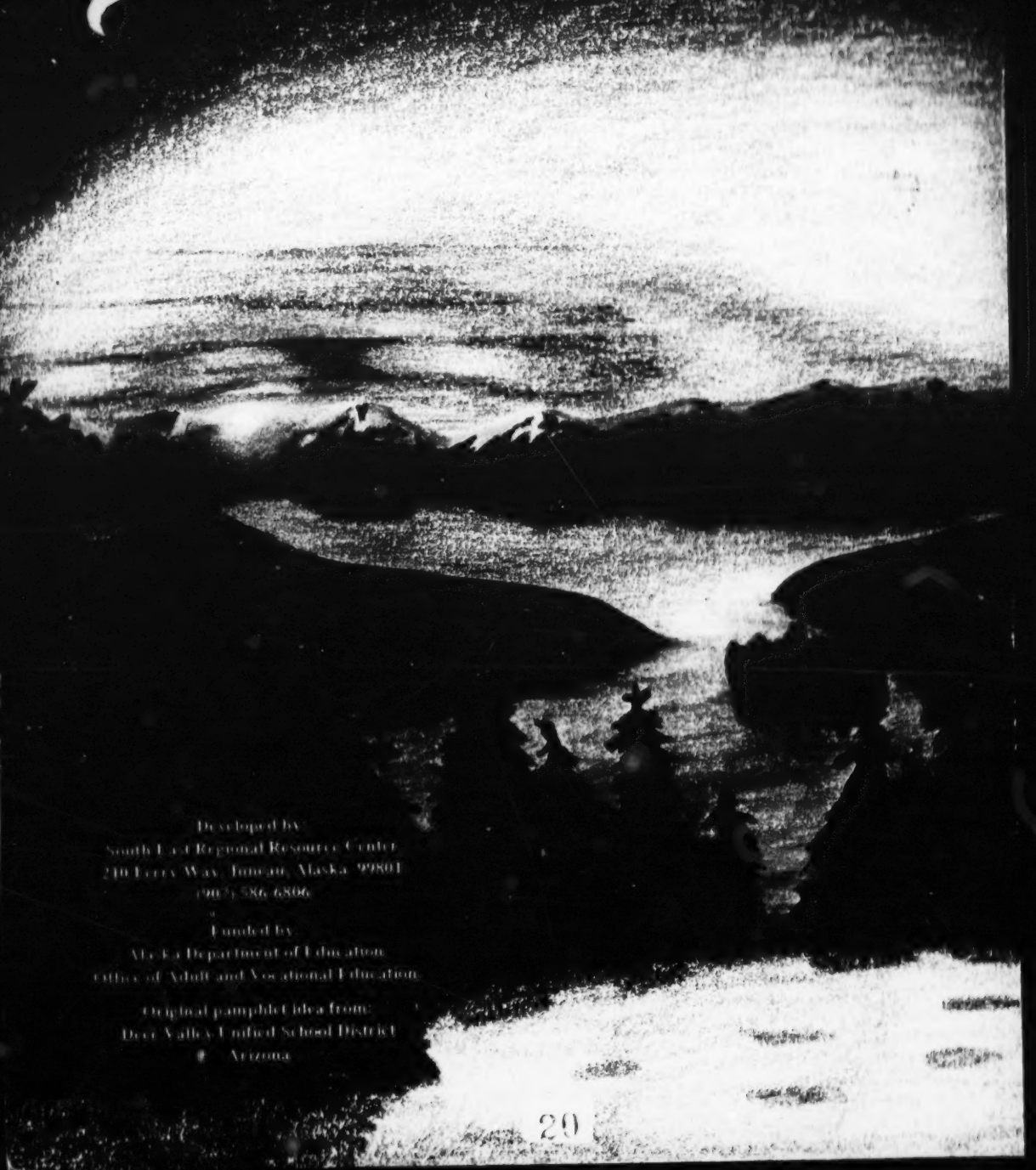
Alaska Department of Education
Office of Adult and Vocational Education
P.O. Box F
Juneau, Alaska 99811
(907)465-4685

Hot Careers


Health Aides
Business Managers
Medical Assistants
Salespeople
Geologists
Legal Assistants
Fish Processors
Registered Nurses
Computer Services
High School Diploma
Technical School/ Community College
University

Gathering Skills for Your Career





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